

## Discipleship in the Home: Week 5

### Shepherding Sexuality

Dear parent,

Research shows that your child wants you to be their first source of information on questions regarding sex and sexuality. Please do not deny them.

**Current Sexual Revolution** – What has changed in the past 10 years?

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**Sexual identity development** – Lego build illustration

- Kids need the big picture, God's instructions, and a biblical worldview that explains the missing pieces.

**A Hypersexualized Culture** – Why does sexy sell to both men and women? Why are women ok with being objectified? Why would women support the pornography industry?

1 Corinthians 6:18-20

Proverbs 5:1-6

**Practical Conversations to Pursue:**

- Adolescence/Puberty
- Sexual sin (lust, pornography, oral sex, sexting, masturbating, sensuality)
- Pregnancy and Abortion
- Same-sex Attraction and Gender Dysphoria

**Small groups:**

- What types of conversations did your parents have with you about sex, sexuality and sexual sin? What was the impact of these conversations, or lack of conversations?
- What source of information did you go to in order to learn about your developing body, sex, and sexuality?
- Why might you be resistant to talking to your kids about sex, sexuality and sexual sin?
- Why might you be resistant to getting and using a tool, like a book, to help you better navigate these conversations?
- What are some of the benefits of having other trusted adults actively involved in your child's life?

## Resources:

### **Books for Children:**

*God's Design for Sex, Book 1 – The Story of Me*, by Brenna and Stan Jones

*God Made All of Me; a Book to Help Children Protect Their Bodies*, by Justin and Lindsey Holcomb

*Good Pictures Bad Pictures; Porn-Proofing Today's Young Kids*, by Kristen Jenson and Gail Poyner

*Good Pictures Bad Pictures Jr.*, by Kristen Jenson

### **Books for Adults:**

*The Focus on the Family Guide to Talking with your Kids About Sex: Honest Answers for Every Age*, by J. Thomas Fitch and David Davis

*Anchoring Your Child to God's Truth in a Gender-Confused Culture*, by Dr. Gary Yagel

*How to Talk Confidently With Your Child About Sex*, by Lenore Buth

### **Short Booklets to consider:**

*Explaining LGBTQ+ Identity to Your Child: Biblical Guidance and Wisdom*, by Tim Geiger

*Transgender: Christian Compassion, Convictions and Wisdom for Today's Big Issues (Talking Points)*, by Vaughn Roberts

*Homosexuality: Speaking the Truth in Love*, by Edward Welch

### **Books to consider:**

*More Than Just The Talk: Becoming your kids' go-to person about sex*, by Jonathan McKee

*Is God Anti-Gay? And Other Questions about Homosexuality, the Bible and Same-Sex Attraction (Questions Christians Ask)*, by Sam Allberry

*What Does the Bible Really Teach about Homosexuality?*, by Kevin DeYoung

*Anchoring Your Child to God's Truth In a Gender Confused Culture*, by Dr. Gary Yagel