

Talking to kids about Sexuality

Laying a foundation

I. Opening

- Technology...we said “delay, delay, delay”...but sex, I say earlier than you think
- Your youngest child has exposure to your oldest child’s oldest friend
- You need to be the expert and be the first one to introduce new concepts
- If a child asks, they are ready. Answer minimally at first, and ask if he/she has further questions. When they have no more questions, the discussion can be over
- Phrases like:
 - “I’m so glad you asked that!”
 - “You came to the right place because Mommy and Daddy are top experts in this area.”
 - “I remember wondering about that, too.”
 - “That is a great question. I can tell you are thinking about things a lot.”
 - “You know, God’s Word actually has a lot to say about that.”

II. God’s Word must be central/Family worship, devotions

- Family devotion/ family worship time does not solve all your issues, but it IS a starting place for most things.
- Communicates the centrality of the Gospel for your life
- Children seeing you living by the Word of God adds weight when you speak to them concerning the Word.
- Not too late to start family worship...just adjust to your stage in life
- Don’t give up the bedtime routine too easily...even in their high school years make it a habit to sit on the edge of their bed and listen and pray
- Late at night is when teens open up

- We need a rhythm of prayer and family worship to build a biblical world view that applies to all of life, including sexual ethics
- God's people are called to be right in the middle, serving in an ungodly world. It's not always the "big moments" (like the Lion's Den, or Fiery Furnace) that define us, but the daily decisions (like praying daily, and not yielding to the culture around us)

III. If you want your kids to think correctly about sexuality, then from the get go they need to know that they are not their own, but belong to God

- From the time they are born, we instill them with Scripture and Truth. You can speak truth in fun engaging ways even while changing diapers, dressing in the morning, as you play—if they can memorize "Patty cake" they can memorize these things:

- Catechism Questions:

1. Who made you? God
2. What else did God make? God made all things
3. Why did God make you and all things? For His own glory!

- Bible verses in rhythm and talking about them:

1. "This is the day that the Lord has made, let us rejoice and be glad in it." This is God's day! How can we serve Him today?
2. "Trust in the Lord with all your heart lean not on your own understanding." Who do we trust?

- Do the same thing with their body parts. Look at those feet, made so you can follow God. Look at those ears, formed to hear God's word. Look at those lips, made to speak God's truth!

Two little hands to serve the Lord

Two little ears to hear His Word

Two little lips to sing God's praise

Two little feet to walk in God's ways.

IV. Sexuality

- We (parents) are the ones to teach our kids on this topic if we want them to be taught from a biblical world view
- Teach them the beauty and purpose of maleness and femaleness and honoring God as a male or as a female.
- The roles of a man are different from those of a woman
- All people are image bearers of God with great value. So we don't chant things like, or put our girls in t-shirts that say, "Girls Rule" etc.
- Children explore to learn, so it is not unusual or sinful for boys and girls to play and explore the roles of the opposite sex. This helps them develop empathy for others

V. What is Sexual Union?

- Sexual union exists to make babies
- Sexual union is an expression of a husband and wife's love, and helps to draw them together
- Sex is appealing, made by God, and good within the context of marriage.
- Sexual relationship is like fire: it provides warmth and is a blessing in the proper boundaries, but devastating outside of bounds

VI. Marriage

- The purpose is to be a picture of the relationship of the Bride (church) and Christ
- Much like a post card, it gives us an idea, but not the same as being there!